



The Terrace Café Weekly Menu


October 7-11, 2024



	Monday	Tuesday	Wednesday	Thursday	Friday
Weekly Specials					
<p>*All menu items are subject to change based upon availability. The Terrace Café is owned and operated by The Hospital for Sick Children. All proceeds support patient care.</p>					
<p>Express Breakfast</p> 	<p>Served Monday to Friday, from 7 to 11 a.m. See in-store for hot breakfast items prepared daily.</p>				
<p>Around The World</p> <p><i>Weekly cuisine features from around the world — Mexican, Chinese and more</i></p> 	<p>Traditional Tacos</p> <ul style="list-style-type: none"> • Hard or soft tortilla with choice of beef, chicken, vegetable or baked fish with your favourite taco toppings <p>Also on the menu:</p> <ul style="list-style-type: none"> • Chicken Enchilada on shredded lettuce or Mexican rice • Nachos & Cheese – add beef or chicken! • Spicy Beef Burritos • Naked Burritos Bowl 				

The Terrace Café Weekly Menu
 October 7-11, 2024





	Monday	Tuesday	Wednesday	Thursday	Friday
Daily Specials					
<p>Chef's Corner <i>Home-cooked meals such as salmon, roasted chicken, lasagna and pasta dishes served fresh daily.</i></p> 	<p>Greek Lemon Chicken served with potatoes and Greek salad</p> <p>Spaghetti Bolognese served with garlic bread</p> <p>Haddock Citrine served with rice and scalloped root vegetables</p>	<p>Shaved Roast Beef on a Bun with portobello mushroom, horseradish aioli, caramelized onions and gravy. Served with coleslaw</p> <p>Honey Ginger Grilled Salmon served with rice and vegetables</p> <p>Pasta Fagioli served with garlic bread or mixed greens</p>	<p>Ginger Cumin Chicken served with lentil stew and green beans</p> <p>Parmesan Crusted Salmon served with green beans or salad</p> <p>Beef & Veggie Pasta Bake served with garlic bread</p>	<p>Chicken Parmesan on a Bun served with coleslaw</p> <p>Veggie Pasta Bake served with garlic bread or salad</p> <p>Vegetable Frittata served with salad</p>	<p>Wellington County Strip Loin with Bloody Mary Tomatoes served with potato wedges and grilled zucchini</p> <p>Cheesy Tomato & Turkey Pasta Bake served with garlic bread or salad</p> <p>Homemade English Style Beer Battered Fish served with potato wedges and creamy coleslaw</p>

The Terrace Café Weekly Menu

October 7-11, 2024





	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Soup Kettle</p> 	<p>Chicken Noodle Soup</p> <p>Beef Chili</p> <p>Vegetarian Stew</p> <p>Homemade Soup Special of the Day</p>	<p>Chicken Noodle Soup</p> <p>Beef Chili</p> <p>Vegetarian Stew</p> <p>Homemade Soup Special of the Day</p>	<p>Chicken Noodle Soup</p> <p>Beef Chili</p> <p>Vegetarian Stew</p> <p>Homemade Soup Special of the Day</p>	<p>Chicken Noodle Soup</p> <p>Beef Chili</p> <p>Vegetarian Stew</p> <p>Homemade Soup Special of the Day</p>	<p>Chicken Noodle Soup</p> <p>Beef Chili</p> <p>Vegetarian Stew</p> <p>Homemade Soup Special of the Day</p>
<p>The Grill</p> <p><i>Full breakfast bar, grilled paninis, hamburgers, fries, chicken fingers and more</i></p> 	<p>See in-store for menu specials.</p>				

The Terrace Café Weekly Menu

October 7-11, 2024



	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Sandwich Stop <i>Fresh made-to-order sandwich selections.</i></p> 	See in-store for menu specials.				
<p>Salad Bowl <i>A variety of fresh salads.</i></p> 	See in-store for menu specials.				

The Terrace Café Weekly Menu

October 7-11, 2024



Terrace Café

The Terrace Café is owned and operated by The Hospital for Sick Children. All proceeds support patient care.

Location: Main Floor, Atrium

Hours: Monday to Friday – 7 a.m. to 7 p.m.
Saturday, Sunday and Holidays – 9 a.m. to 4 p.m.

Phone: 416-813-6754

Food stations

From our chefs, the Terrace Café offers a full range of meals including:

- **The Grill: Full breakfast bar (served between 7 and 11 a.m. daily)**, grilled paninis, hamburgers, fries, chicken fingers and more.
- **The Chef's Corner (Weekdays, 11 a.m. to 7 p.m.; Weekends and Holidays, 11:30 a.m. to 4 p.m.)**: Home-cooked meals such as salmon, roasted chicken, lasagna and other pasta dishes served fresh daily
- **Around The World (Weekdays, 11:30 a.m. to 3 p.m.)**: Weekly cuisine features from around the world, like Mexican, Indian, Chinese and more!
- **Salad Bowl**: Salad bar featuring pre-packaged signature salads and protein boxes
- **Sandwich Spot**: Fresh made-to-order sandwich selections
- **Made in Japan Teriyaki Experience**
- **Pizza Pizza Grab & Go fridge**: Full selection of pre-packaged snack options
- **Soup Kettle**: A variety of fresh soups, which change daily
- Plus, a selection of **baked goods and desserts**

Kids Eat Local! The Terrace Café at SickKids uses [locally sourced ingredients](#) whenever possible.