

# Consultant Bios

## SickKids:

### **Dr. Susan Dundas**

Dr Susan Dundas is a Child Psychiatrist who graduated from University of Toronto. She was born in Toronto and has lived there all her life. She has two grown children and enjoys painting in her spare time. Dr. Dundas also has an avid interest in hiking. She has been working with children who have experienced Trauma throughout her career.

### **Dr. Monidipa Ravi**

Dr. Monidipa Ravi is a Child Psychiatrist who graduated from the University of Toronto and has been practicing for 8 years. She was born in Toronto and speaks both English and Bengali. Dr. Ravi's particular area of interest is helping those with ADHD, anxiety, and medically complex youth. She currently lives in Toronto and has two children. Dr. Ravi enjoys music, singing, reading, and going on nature walks. She is also part of a choir of women physicians where they appeared on the first season of Canada's Got Talent!

### **Dr. Cecilia Marino**

Dr. Cecilia Marino is a Child Psychiatrist, born and raised in Como, Italy. She completed her degree and training in Milan and has been practicing for 33 years. She speaks English, French and Italian and has lived in Toronto for the past 10 years with her husband and two daughters. Dr. Marino loves dancing, animals, and wildlife. She enjoys being active and her favourite sports include hiking, kayaking, and sailing. She often babysits her daughters' cat, whom she adores, and believes animals are a big source of inspiration!

### **Dr. Donna MacLachlan**

Dr. Donna MacLachlan is a Child Psychiatrist, born in Toronto and graduated from McMaster University. She completed her residency training at the University of Toronto and has been practicing for 24 years. Dr. MacLachlan is a generalist psychiatrist, with a particular interest in the parent-child relationship and the impact of exposure to trauma. She currently lives in Toronto and enjoys sports.

### **Dr. Pier Bryden**

Dr. Pier Bryden is a Child Psychiatrist, originally from the United Kingdom. She completed her medical degree at McMaster University and completed her residency training at the University of Toronto. Dr. Bryden has been practicing for 26 years. She has two sons, a dog named Reggie and cat, Ginger. Dr. Bryden enjoys reading, travelling, hiking, and snowshoeing. She has written two popular books about psychiatry and is a very competitive scrabble player!

### **Charlie Wharton, NP**

Charlie Wharton is a Primary Care Nurse Practitioner, born in Toronto and graduated from York University and the University of Toronto. Charlie has been practicing as a registered nurse (RN) since 2008, and as a nurse practitioner (NP) since 2013. He has a special interest in gender affirming care, primary care, pediatrics, mental health, and care for at-risk populations. Charlie has a cat named Lucy

(who acts more like a dog) and two amazing kids. He loves the great outdoors, particularly cycling and hiking. He also has a fondness for the great indoors, including a love of reading and video games. Charlie used to work in theatre before his career in healthcare.

#### **Dr. Upasana Krishnadev**

Dr. Upasana Krishnadev is a Child & Adolescent Psychiatrist of South Asian heritage who graduated from McMaster University and went on to complete residency and subspecialty training at the University of Toronto. She was born in Quebec City to parents who immigrated from India. Clinically, she is interested in understanding the impact of trauma, racialized experience, and early childhood family relationships. As a yoga teacher, she is also very interested in using mind-body approaches to healing in mental health care. In her life outside of work, Dr. Krishnadev loves to practice yoga, travel, and spend time being a mom.

#### **Dr. Clive Chamberlain**

Dr. Clive Chamberlain is a Child & Adolescent Psychiatrist, born in Toronto and earned his degree and training in Toronto and the United Kingdom. He has been practicing for 60 years and has a clinical interest in addictions. Dr. Chamberlain has 4 children and 9 grandchildren and enjoys spending time with them. He teaches medical student and physicians, and likes to read about history, science, and philosophy in his spare time.

#### **Dr. Abel Ickowicz**

Dr. Ickowicz is a Staff Psychiatrist at The Hospital for Sick Children and Associate Professor at the University of Toronto. Recognized for his excellence in education, and is actively involved in undergraduate, graduate, postgraduate, and continuing education. He has a special academic and clinical interest in disorders of brain that affect learning and behaviour. Dr. Ickowicz has authored over 80 scientific publications and has held distinguished leadership positions including President of the Canadian Academy of Child and Adolescent Psychiatry, and Psychiatrist-in-Chief at SickKids.

#### **Dr. Dafni Sadler**

Dr. Sadler graduated from the University of Toronto, completing additional subspecialty training in Child and Adolescent Psychiatry at McMaster University. Her areas of interest include early intervention, attachment, and developmental trauma.

#### **Dr. Nicola Keyhan**

Dr. Nicola Keyhan is a Child & Adolescent Psychiatrist, born in England and moved to Canada at 10 years old. Dr. Keyhan earned her degree at McMaster University and completed her residency at the University of Toronto. She has been practicing since 2005 and has a particular interest in the assessment and treatment of anxiety disorders. Dr. Keyhan is also interested in psychotherapy and has a lot of experience running cognitive behavioral therapy groups for youth and their parents. Currently, Dr. Keyhan resides in Ancaster, Ontario and enjoys spending time with her family, going on walks, bike rides, and visiting new places. She can also play the piano and guitar and enjoys listening to music.

#### **Dr. Tony Pignatiello**

Dr. Tony Pignatiello is a Child & Adolescent Psychiatrist, who completed his degrees and residency in Toronto. Dr. Pignatiello is of Italian heritage and speaks both English and Italian. He has been practicing for over 37 years and has a particular interest in youth justice and behavioural issues. Another part of his job is supporting medical students and trainees. Currently, Dr. Pignatiello resides in Mississauga, and has

two adult sons. He enjoys gardening and taking care of the animals on his farm: 3 horses, 1 goat, 1 sheep, 2 dogs and 1 cat!

**Dr. Farid Ahmad**

Dr. Farid Ahmad is a Child & Adolescent Psychiatrist, originally from Toronto. He completed his medical degree at the University of Toronto, and residency at McMaster. Dr. Ahmad has been practicing for 3 years and has a particular interest in mood and anxiety disorders, ADHD, trauma, and attachment. Dr. Ahmad has one son, 1 niece and 1 nephew and enjoys travelling and spending time with family and friends.

**Dr. Jennifer Felsher, C.Psych**

Dr. Jennifer Felsher is a Clinical Psychologist, originally from Montreal. She completed her degrees at McGill University and has been practicing for over 20 years. In addition to English, Dr. Felsher has excellent French and Hebrew comprehension. She always worked and enjoys helping high risk and vulnerable youth. Dr. Felsher enjoys working with clinicians, caregivers, and child welfare to better understand the youth in order to support the youth live a more skillful life and achieve the life they deserve. Dr. Felsher has a loving and mischievous dog named Charlie, and a sweet Gecko named Frank. She loves writing, music, staying active (she strongly believes that physical activity is important for mental health) and cooking for others. Dr. Felsher also enjoys visiting new places in order to learn about the culture, customs, and foods from the people who reside there!

Vanier:

**Dr. Sarah Armstrong**

Dr. Sarah Armstrong was born in the United States but immigrated to Canada 14 years ago. She lives with her husband, daughters and two young people who fled Ukraine. They also have a dog. She enjoys playing piano and reading in her spare time.

**Dr. Javeed Sukhera**

Dr. Javeed Sukhera is the child of immigrant settlers from Pakistan. He is currently living and working in the Northeastern United States with some part-time occasional work in Canada. He lives with his two children, wife, and cat. Dr. Sukhera used to live in London, Ontario, and now lives near Hartford, Connecticut, USA. He travels frequently to Toronto to visit friends and family and enjoys traveling and reading. Aside from being a child psychiatrist, Dr. Sukhera is also a researcher, and a fierce advocate for improving equity in mental health services.

**Dr. Naveed Rizvi**

Dr. Naveed Rizvi is a Southeast Asia / Pakistani descent person. He has been living in London, Ontario since 2006 with his wife, son, mother and two cats. He loves animals, karaoke singing, reading, building model railroad, hanging out with friends and family. Dr. Rizvi's favourite food is usually spicy curries but as he is not a good cook, he likes to sometimes go out to eat, which helps to save himself from his cooking.

**Dr. Sonia Wadhwa**

Dr. Sonia Wadhwa is of Southeast Asia descent. She was born in Toronto, Ontario, and completed her adult psychiatry and child psychiatry training at Western University. She lives with her husband and

daughter. She loves dogs and watching movies, especially a good old romantic comedy. Dr. Wadhwa enjoys cooking and experimenting in the kitchen, but also loves to dine out. Spending time with family and friends is very important to her.

**Dr. Margaret Steele**

Dr. Margaret Steele is a settler of English and Irish background. She recently moved back to London, ON after having spent 7 years in Newfoundland and Labrador on the lands of the Beothuk, Miqmaq, Innu and Innu. Dr. Steele enjoys doing puzzles, listening to country music, and watching British shows. Her favourite food is any type of pasta.

CHEO:

**Dr. Sinthuja Suntharalingam**

Dr. Sinthuja Suntharalingam was born in Sri Lanka and now lives in Canada. Dr. Suntharalingam speaks English and Tamil and has a particular interest in helping high risk children and adolescents, including substance use, self-harm and suicide. She has been practicing for over 10 years, including at CHEO and Ontario Shores Centre for Mental Health and Sciences. She has 8 nieces and nephews and likes to garden, cook, travel, and learn about the latest trends from their patients. Interesting fact is Dr. Suntharalingam has a degree in Botany (branch of biology that deals with the study of plants).

**Dr. Marina Moharib**

Dr. Marina Moharib studied biomedical engineering at Carlton University before completing medical school and residency at Ottawa University. She enjoys working with children and adolescents, along with their families and communities. Dr. Moharib speaks both English and French and has a particular interest in supporting schools and community mental health agencies as well as providing access and services to francophone communities. In her spare time, she enjoys walking outside and taking pictures of nature.